

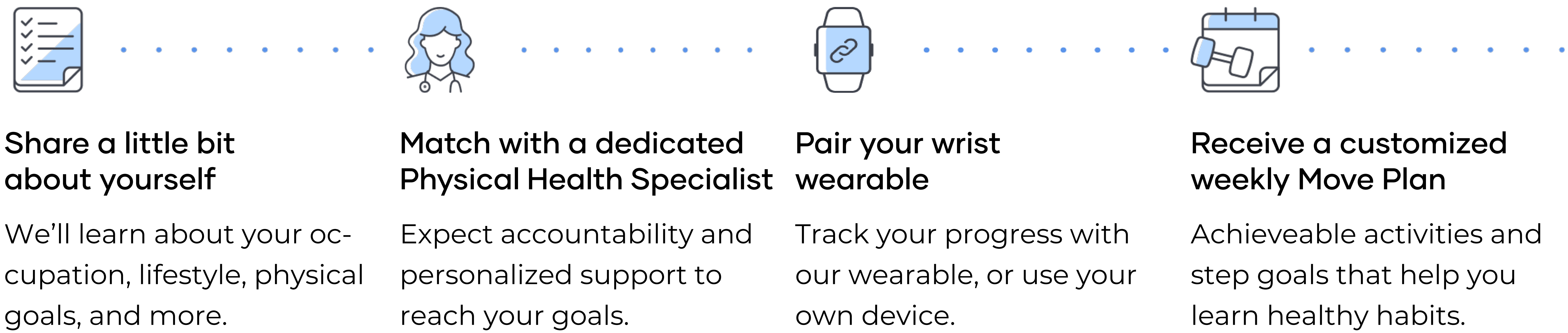
Start and stay moving
with **Sword Move**, your
whole-body solution for
a pain-free tomorrow.



Sword Health, known for its expertise in managing pain, recognizes that while Physical Therapy is effective for treating specific injuries and severe pain, there’s a need for a more holistic solution. That’s why we’ve developed **Sword Move**, the only whole-body movement solution that helps you address low levels of pain before it worsens, avoid injuries, and enhance overall physical health.

Move matches you with a dedicated Physical Health Specialist who holds a Doctor of Physical Therapy degree that designs targeted movement plans tailored to your lifestyle, job function, pain history, and health goals. Each week, you’ll receive targeted movements and step goals clinically proven to enhance mobility, strength, and flexibility throughout your entire body.

Here’s How Move Works:



Let’s get moving!
Activate your Move Benefit Today

sword.health/move/daisyhealth/go

