

**“Empathetic. Caring. Affordable.
Thorough. A GREAT medical
experience which is not easy
to say these days.”**

- Shannon, WHVC Patient

Ongoing support from
a licensed therapist



Confidential. Convenient. Affordable. Whether you are facing an emotional setback, seeking support or looking to be proactive in your mental health, Walmart Health Virtual Care (WHVC) is an easy & trusted way to request a virtual visit with a licensed therapist in as little as 72 hours. Schedule a meeting with the WHVC therapist of your choice—by phone (where permitted) or video—and start improving your life.

Use WHVC when:

You don't want to wait weeks.

Our therapy visits can be scheduled in as little as 72 hours, at a time that works for you.

You prefer your own couch.

Have your visit from the comfort of your home, office, or private space & avoid the commute.

You're worried about stigma.

No one has to know you're seeking support. Visits are conducted privately & securely.

Cost or insurance is a concern.

Teletherapy can be more cost-effective than in-person therapy & can save you money.

We can help with:



Marriage
& family



Depression



Anxiety



Trauma
& loss



Life
transitions



And more!