



Teladoc is a national network of board-certified doctors providing cross-coverage consultations via the telephone **24 hours a day, 365 days a year**. Teladoc doctors use the member's personal medical record and telephone consultations to **diagnose, recommend treatment, and write short-term prescriptions**, when appropriate. Teladoc is comprised of doctors that care day and night.



Talk to a doctor in minutes

Visit us at: **Teladoc.com** **OR** Call us: **1-800-Teladoc**

Anytime. Anywhere.

Teladoc is a convenient alternative to urgent care or ER visits. U.S. board-certified doctors are available anytime, anywhere, and can resolve many non emergent medical issues.

SOME CONDITIONS WE TREAT INCLUDE:

Cold & Flu Symptoms	Sinus Infection	Acne
Bronchitis	Sore Throat	Skin Rash
Allergies	Respiratory Infections	Abrasions
Pink Eye	Poison Ivy	Moles/Warts
Urinary Tract Infection	Skin Infection	And More!

Call Teladoc whenever you need non-emergency medical assistance. Take advantage of the convenience of accessing a doctor 24/7, 365 days a year. Call Teladoc:

- When your doctor is not available
- After normal hours of operation
- For non-emergency medical care
- When on vacation or a business trip

Frequently Asked Questions

HOW DO I REQUEST AN APPOINTMENT TO TALK WITH A DOCTOR?

Log on to your account online at www.Teladoc.com and request a consult or call **1-800-Teladoc** any time day or night and a representative will request your medical consult. All future calls are guaranteed within one hour and the consultation is at no cost to you.

CAN I GET THIS INFORMATION TO MY DOCTOR?

Yes, your consult is portable. You can access your portable EHR online or by calling **1-800-Teladoc**.

WHAT INFORMATION DO I NEED TO PROVIDE FOR SERVICES?



When you contact Teladoc you will need your STM policy number available to provide to the representative to receive services.



About Teladoc's Medical Services

Teladoc is changing the way people access medical services by using modern technology to match the needs of today's fast paced workforce. Below are just a few ways you and your dependents benefit from becoming a Teladoc member:

- On-demand access to health care 24/7. Members schedule consults online or by calling Teladoc
- Consult with doctors who diagnose medical problems and prescribe medication, when appropriate
- Access to a doctor within one (1) hour
- No more waiting until next week to receive medical attention
- No outrageous fees or unexpected charges
- Most medical issues can be resolved from any remote location
- Retrieve prescription(s) from a local pharmacy
- Ability to maintain personal medical history & account profile using HIPAA compliant secure servers
- Insurance Claim Form for filing or reimbursement, when applicable
- Reduce the number of hours you spend away from work
- Easy method of payment



Membership ID information

NAME:
MEMBER ID:
EFFECTIVE DATE:

Visit us at: Teladoc.com Call us: **1-800-Teladoc**

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AgileHealthInsurance.com

